

CLEANSING TO HEAL

MILANIS ARK MINISTRY OF
DIVINE ALKALINITY



Welcome Family

Pace tecum (Peace & Love)

----- AMARU NOBLE
CHRISTOPHER RODRIGUEZ BEY

Congratulations on investing in yourself. This is the 1st step of re-creating a new you whether your intention is to lose weight, gain mental discipline, connect to a higher frequency or for health reasons. This is the place to be. I, alongside my wife Gabriela, will be here to encourage you every step of the way. Always remember, there is no such thing as the right timing. The right timing is when you put yourself in the position you yearn to be in. If you never put yourself in that position, then it will never be the right timing. Allow this to be the start of something new!

One of Milanis Ark's missions is to help you acquire full access at will to The Masterful Most High within while eternally establishing and maintaining balance on the Mother Earth. In order to do so we require participation as this can only occur within the minds and hearts of each individual. Only you can extend/re-connect the channels of full frequency and highest vibrations. Self-mastery is just that, SELF mastery. Bring your body and mind back to optimal health and use the divinity within you to drive you. Unlock this connection and allow yourself to flow through life as if you were the protagonist to your own movie. Life is a reflection of you so lets clean house and maintain with-in the life we wish to live with-out.

Detox Product List:

1. [Detox Tea](#)
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3. [Black Seed Oil](#)
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6. [Chlorophyll](#)
7. [Seamoss](#)
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9. [Ashwagandha](#)
10. [Maca](#)
11. [ZuPOO](#)
12. [Trinity](#)
(Optional/Highly Recommended)

**Total Price Without
Trinity & Sea Moss:**
Approx. \$200

(Please note that these products can be used after the detox daily or as you see fit)



Detox Tea

This tisane supports proper liver, gallbladder, intestine and colon function. It's an overall body cleanser and strengthener. These herbs are safe to drink daily, and support regularity in a healthy way.

----- BENEFITS

Organic peppermint:

- Eases fatigue & muscle pain
- Lessens chest congestion & coughing
- Aids in weight loss
- Boosts immune system
- Fights symptoms of asthma
- Treats sinus issues
- Corrects digestive issues
- Relieves stress

Organic Nettle:

- Supports eye health
- Inhibits Oxidative stress
- Protects heart health
- Works as antihistamine
- May alleviate pain
- Reduces risk of infection
- May treat benign prostatic hyperplasia

Organic Dandelion Leaf:

- Blood pressure
- Dizziness
- Skin
- High Cholesterol
- Headaches
- Diabetes
- Eczema
- Gastrointestinal Disorders

Organic Licorice Root:

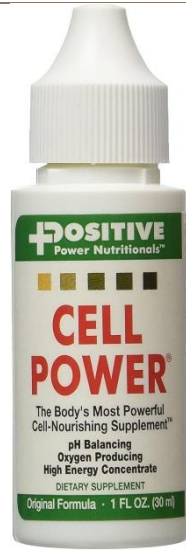
- Stomach discomfort
- Sore throat
- Skin inflammation & infection
- Tooth decay
- Hepatitis C

Organic Ginger:

- Aids in digestive function
- Reduces nausea
- Promotes sweating
- Lowers cholesterol
- Prevents gastric ulcers
- Decreases pain & inflammation
- Improves cognition
- Lowers blood sugar

Organic Milk Thistle:

- Helps to clean liver from toxins
- Promotes blood circulation
- Healthy weight management
- Helps liver breakdown fats
- Increases energy levels



Cell Power

Why Silica?

Silica is a trace mineral absolutely essential for proper body function. Silica is a combination of the two most common elements on earth – Oxygen and Silicon. Approximately .05% of one's total body weight is composed of Silica. It is a vital part of the following organs and tissues:

----- BENEFITS

- | | |
|---|--------------------------------|
| | Supports the following: |
| - Flexibly and comfortable mobility in the joints | - Lungs |
| - Nutrition for proper cell formation and metabolism | - Blood |
| - Cares for and supports the organs of digestion | - Cartilage |
| - Provides oxygen & energizes the body at a cellular level | - Tendons |
| - Improves assimilation & absorption of all nutrients and supplements | - Skin |
| - Healthy glowing skin, hair and nails | - Hair |
| - Robust bones, teeth, and gums | - Nails |
| - Supports kidney health | - Spleen |
| - Balances pH levels | - Lymph Nodes |
| - Provides immune system support | - Skeletal System (Bones) |
| | - Blood Vessels |
| | - Connective Tissue |
| | - Brain |
| | - Heart |



Blackseed Oil (Capsules) or (Liquid)

*Black seed oil is extracted from the seeds of *Nigella sativa*, a plant native to southwest Asia. It is used by some for the treatment of asthma, diabetes, hypertension, weight loss, and other conditions. One of its key components is thymoquinone, a compound with antioxidant properties.*

----- BENEFITS

- Anti-bacterial
- Anti-inflammatory
- Anti-ulcer
- Anti-cholinergic
- Anti-fungal
- Anti-hypertensive
- Anti-Diabetic
- Anti-viral
- Antioxidant
- Eczema
- Hypotensive
- Insulin Sanitizing
- Interferon Inducer
- Leukotriene Antagonist
- Acne
- Kidney Protecting
- Tumor Necrosis Factor
- Alpha Inhibitor
- Bronchodilator
- Liver Protecting
- Psoriasis
- Diabetes
- Infertility
- Pain Killing



Shilajit

Shilajit is a blackish-brownish resin that comes from layers of rock in several mountain ranges throughout the world, including the Himalayan, Tibetan, and Altai mountains. Shilajit is thought to form, in part, when certain plants decompose. It contains an important compound known as fulvic acid and is rich in minerals. It is one of many herb and mineral formulations (Rasaoushadhies) used in Ayurveda, a healing system that originated thousands of years ago in India. Shilajit has been used in traditional herbal medicine to treat a wide variety of conditions, ranging from bone fractures to impotence.

----- BENEFITS

Organic peppermint:

- Brain Function
- Pineal Gland
- Detoxification
- Aging
- Anemia
- Antiviral
- Anti-inflammatory
- Chronic Fatigue
- Energy Booster
- Altitude Sickness
- Antioxidant
- Heart Health
- Obesity
- Male Fertility & Testosterone
- Liver Cancer
- Removes Excess Fluid from body

[Certificate of Quality and Safety](#)
(10th April 2024) Technical Standards

[Shilajit Lab Results](#)



Cilantro Heavy Metal Detox

Cilantro Heavy Metal Detox is designed to bind to heavy metals to clear them from the body. The combination of cilantro and chlorella elicits a potent cleansing action and provides antioxidant support for overall cellular health.

----- BENEFITS

- Clears Heavy Metals from the body
- Combo of Cilantro & Chlorella elicits a potent cleansing action
- Provides antioxidant support for overall health on a cellular level



Chlorophyll

Chlorophyll is a pigment that gives plants their green color. Plants use chlorophyll along with sunlight to get their nutrients. One of the primary ways of including chlorophyll in the diet is by eating green vegetables, such as alfalfa and spinach. Wheatgrass is particularly rich in chlorophyll.

----- **BENEFITS**

- Skin Healing
- Improves Digestion
- Detoxification
- Weight Loss
- Promotes Production of Red Blood Cells
- Improves Iron Level
- Alkalizes the Body
- A Natural Body Deodorant





Seamoss

Sea moss, scientifically known as Chondrus crispus, is a type of algae or seaweed. It grows in waters along the rocky Atlantic coasts, primarily between North America and Europe. It's an edible sea plant similar to other seaweeds, algae, and other familiar leafy sea vegetables like kelp or dulse. Sea moss grows in a number of colors, such as various shades of green, yellow, purple, red, brown, and black.

----- BENEFITS

- 92 out of 102 Daily Minerals
- Relieves Sore Throat
- Increased Immune System
- Increased Energy
- Weight Loss
- Anti-inflammatory
- Mucus Dissolver
- Healthy Hair
- Thyroid Health
- Healthy Skin
- Strengthens Joints
- Soothes Rashes
- Eczema Psoriasis
- Sunburns
- Increased Mood
- Increased Energy
- Increased Libido
- Increased Immune System





Haritaki (Capsules) or (Tea)

Haritaki (*Terminalia chebula* Retz) is held in high esteem in Ayurveda for its properties to prevent and cure diseases. It has enjoyed the prime place among medicinal herbs in India since ancient times. It is called the 'King of Medicines' and is always listed first in Ayurveda because of its extraordinary therapeutic benefits. The holistic science of Ayurveda strongly advocates the uses of Haritaki due to its potent laxative, astringent, purgative, anti-bilious and anti-oxidant properties for treating a numerous health anomalies.

----- BENEFITS

- Improves Digestion
(Constipation Relief)
- Boosts Immunity
- Natural Antioxidant
- Improves Brain Functions
- Improves Cognitive Function
- Heals Wounds and Infections
- Promotes Weight Loss
- Reduces Cholesterol
- Improves Hair & Skin Health
- Prevents Diabetes
- Boosts Sexual Health &
Stamina
- Improves Eyesight





Ashwagandha

Ashwagandha is the prized herb of India, used for centuries in the practice of Ayurveda, a sister science to yoga. It is revered for its ability to heal the body and mind. In traditional medicine, Withania somnifera (ashawagandha) is a tonic for the central nervous system, with a wide variety of anti-stress, adaptogenic properties that make it an essential addition to your wellness routine. The name ashawagandha means “smells like a horse” which makes sense considering its unique smell. Still, it is totally worth the scent. The herb, which has been used traditionally for over 3,000 years in Ayurvedic medicine to relieve stress and anxiety, is cultivated in the drier regions of India as well as Nepal, China, and Yemen. It is a perennial shrub with round green leaves, a circular white flower, and a round orange fruit.

----- BENEFITS

- Reduces Stress & Anxiety
- Improved Memory
- Increased Focus
- Anti-Cancer Properties
- Reduces Symptoms of Depression
- Increases Muscle Mass & Strength
- Lowers Cholesterol & Triglycerides
- Increased Energy Levels
- Increased Brain Function
- Reduces Blood Sugars
- Reduces Cortisol Levels
- Boosts Testosterone & Fertility
- Reduces Inflammation





Maca

*The maca plant, known scientifically as *Lepidium meyenii*, is sometimes referred to as Peruvian ginseng. It mainly grows in the Andes of central Peru, in harsh conditions and at very high altitudes — above 13,000 feet (4,000 meters). Maca is a cruciferous vegetable that's related to broccoli, cauliflower, cabbage, and kale. It has a long history of culinary and medicinal use in Peru. The main edible part of the plant is the root. It exists in several colors, ranging from white to black. Maca root is generally dried and consumed in powder form, but it's also available in capsules and as a liquid extract.*

----- BENEFITS FOR WOMEN

- Muscle Building (Black Maca)
- Increasing Stamina
- Enhancing Fertility (Red Maca)
- Improved Skin Toned
- Balancing Hormones during Menopause (Red Maca)
- Prevents Osteoporosis
- Enhances Mental Focus & Clarity
- Increased Energy
- Boosting Libido (Red Maca)
- Hair Growth
- Enhancing Curves
- Improving Sexual Dysfunction & Drive postmenopausal women
- Supports Thyroid Health
- Reduces Depression

----- BENEFITS FOR MEN

- Muscle Building (Black Maca)
- Increasing Stamina
- Enhancing Fertility (Red Maca)
- Prostate Health (Red Maca)
- Enhancing Mental Focus & Clarity
- Increased Energy
- Boosting Libido & Overcoming Erectile Dysfunction
- Hair Growth
- Strong Teeth & Bones
- Reduces Depression





ZUPOO (Capsules are not Vegan)

This powerful blend of vitamins, minerals, herbs and barks has one purpose and one purpose only - to flush waste out of your system.

The average person may be carrying waste generated from their last several meals. What have you eaten lately? How long do you want that in your system? Customers who take zuPOO typically experience a large passing of waste within 12-48 hours. Take zuPOO for a full 15-day cycle to support a full flush of your gut.

6 Natural Ingredients (Capsules are not vegan)

----- BENEFITS

- Digestion
 - Experience a smoother digestion process when you clear out your digestive tract with ZUPOO
- Cleanse
 - Supporting waste elimination can help to flush out potential hormonal blockers in your stomach.
- Weight Loss
 - A colon cleanse may help you feel lighter and slimmer



Interstellar Blend Trinity (Optional)

*THE ULTIMATE FASTING COMPANION
MIND BODY SPIRIT HARMONIZER AND PURIFIER
OBLITERATES ANXIETY, DEPRESSION AND STRESS*

THE TRINITY BLEND HAS
ABOUT 78 INGREDIENTS
WHICH CAN BE VIEWED ON
THE SITE ALONG WITH THEIR
BENEFITS